



Talkspace to Participate in Upcoming Investor Conferences

February 25, 2026

NEW YORK, Feb. 25, 2026 (GLOBE NEWSWIRE) -- Talkspace (Nasdaq: TALK), a leading behavioral healthcare company, today announced that members of senior management will participate in the following upcoming investor conferences:

- The TD Cowen 46th Annual Health Care Conference, being held in Boston, including 1x1 meetings with investors on Monday, March 2, 2026.
- The Mizuho Healthcare Technology Conference, being held virtually, including 1x1 meetings with investors on Thursday, March 5, 2026.
- The Barclays 28th Annual Global Healthcare Conference, being held in Miami, including 1x1 meetings with investors and a fireside chat on Tuesday, March 10, 2026 at 2:30pm ET.
- The KeyBanc Capital Markets Healthcare Forum, being held virtually, including 1x1 meetings with investors and a fireside chat on Tuesday, March 17, 2026 at 2:15pm ET.

Where applicable, a webcast link will be available on Talkspace's Investor Relations Website: <https://investors.talkspace.com/>.

About Talkspace

Talkspace (NASDAQ: TALK) is a leading virtual behavioral healthcare provider committed to helping people lead healthier, happier lives through access to high-quality mental healthcare. At Talkspace, we believe that mental healthcare is core to overall health and should be available to everyone.

Talkspace pioneered the ability to text with a licensed therapist from anywhere and now offers a comprehensive suite of mental health services, including therapy for individuals, teens, and couples, as well as psychiatric treatment and medication management (18+). With Talkspace's core therapy offerings, members are matched with one of thousands of licensed therapists within days and can engage in live video, audio, or chat sessions, and/or unlimited asynchronous text messaging sessions.

All care offered at Talkspace is delivered through an easy-to-use, fully-encrypted web and mobile platform that meets HIPAA, federal, and state regulatory requirements. Most Americans have access to Talkspace through their health insurance plans, employee assistance programs, our partnerships with leading healthcare companies, or as a free benefit through their employer, school, or government agency.

For more information, visit www.talkspace.com

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